

# Ephesians 4

## live the life

### GOING DEEPER

#### WEEK THREE

*Welcome to the discussion questions for the sermon series, Living the Life. These questions are designed to take you deeper. You can enjoy them by yourself, with a friend, or in your community group. Begin this time with prayer.*

Focus in on Ephesians 4 17-24, read them carefully.

- How does Paul describe the mind and heart of the gentiles?
- What kind of behavior resulted from the condition of their mind and heart? (19)
- How is this thinking and behavior similar to our culture today?
- In contrast, what teaching did the believers receive? (4:20-24)
- What do you think is the main point of this section of Ephesians 4?
- How should it affect your daily life?

Focus in on Ephesians 4:25-32, read these verses carefully.

In this last section of Ephesians 4, Paul gets very specific in describing what it looks like to live in Christ. He hits on several topics. One of those topics is how we communicate, what kind of words we say and how we say them. Scan these verses again looking for how we are instructed to communicate with each other.

- Which verses specifically address how we should talk to each other?
- Verse 25 and verse 29 give us two commands about how we should not speak to each other. What specifically are we instructed not to do in Christian communication?
- What are two things we are commanded to do in Christian communication from these two verses, 25 and 29?
- What do you think is the main point of verse 26 and 27?
- In your life, do you generally follow the commands of verse 26? Under what circumstances are you most likely to not follow the command of verse 26?

- What do you think is the main point of verse 28
- Verses 31 and 32 follow a classic pattern in Paul's writings and mimics some of the ways we communicate today. The pattern is to plainly state first what to stop doing and then to clearly state what we should be doing.
- List here the things we are to stop doing from these two verses:
- Now list how we should be living:
- How are these commands valued in our culture?
- How does your daily life compare with the values expressed here?

End this study with prayer, asking God to help you live the life He has called you to live.