



DISCUSSION QUESTIONS

- Week Three: Trust -

Psalm 127

1. Please begin by reading Psalm 125:1-2: **A song of ascents. ¹ Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures for ever. ² As the mountains surround Jerusalem, so the Lord surrounds his people both now and forevermore.**

What do you think is the main point of these two verses?

These verses say that when we trust in God, we become unshakable like a mountain. We understand that He protects us from the enemy and provides us with stability and security. Do you believe there is a direct link between trusting God and feeling stable and secure? What are the areas in your life where you find it most difficult to trust God? How do you think someone grows to trust God more fully?

2. Psalm 125:2 reminds us that God is always with us. He surrounds us like mountains surround Jerusalem. In the sermon, I said "To begin to experience God's presence, we need to cultivate our awareness of God's ever-presentness." Are you generally aware that God is present with you and desires to impact your present moment, or do you need to cultivate a deeper awareness of His presence? How do you think being aware of God's omnipresence would impact your life? How might you practically cultivate that awareness?

3. Psalm 128 - **A song of ascents.** ¹ **Blessed are all who fear the Lord, who walk in obedience to Him.** ² **You will eat the fruit of your labor; blessings and prosperity will be yours.** These verses highlight both the need for obedience to God as well as the relationship between obedience and blessing. The idea of being blessed carries the connotation of doing physically, emotionally, and spiritually well...and also of happiness and well-being. In your life, do you see a connection between obedience to God and blessing? Does obedience to God ever lead to negative consequences? Share a time when you were obedient and were blessed as well as a time when you were obedient and found it hard to see God's blessing.

4. We will end today with a discussion of these two verses: Psalm 127 - **A song of ascents. Of Solomon.** ¹ **Unless the Lord builds the house, the builders labor in vain. Unless the Lord watches over the city, the guards stand watch in vain.** ² **In vain you rise early and stay up late, toiling for food to eat— or he grants sleep to those he loves.** What is God saying to you through these two verses?

I really resonate with verse 2 and the idea of doing things in vain. To do something in vain means that the activity you are involved in will not create meaningful results. Psalm 127 was written by Solomon who famously uses the phrase "chasing after the wind." Chasing after the wind is another way of referring to doing things that will ultimately not accomplish anything meaningful. Are there things that you are currently involved in that feel very much like chasing the wind? Has there been another time when this felt like the case in your life?

This Psalm suggests that it is only by putting God first and having his blessing that our families or work will truly be significant. How does this idea resonate with you? How do you think we should approach work or our families knowing that we must put God first and operate out of His blessing?