



JONAH

FAMILY DEVOTION

Jonah Week Three - Family Devotion

Begin the devotion with prayer and read Jonah 1:17-2:10

1. Each family member briefly share what stands out to you or catches your attention from this Bible passage, and/or anything that you remember from the sermon in church about Jonah.
2. One of the powerful lessons from the book of Jonah is that our choices have direct impact on our lives. The author of Jonah uses the word down again and again to show us how Jonah's choices affect his life and in Jonah 2:6 he says he has gone down to the roots of the mountains, a very poetic way of saying he is as low as he can go. Mom or Dad or an older child, discuss how your life choices, especially several bad choices in a row, have affected your life at some point in the past. Discuss as a family the power of making good choices.
3. One of the powerful messages in the book of Jonah is that God never gave up on Jonah. He could have let him drown, but He sent a huge fish to swallow him, protecting him from death. It's important to know that God never gives up on us, even if we make mistakes, He forgives us. The reason God is able to forgive us is that His son Jesus Christ already paid the price for all of our mistakes on the cross. Jesus even compared his death to Jonah's time in the belly of the big fish when in Matthew 12 he said "For as Jonah was three days and three nights in the belly of a huge fish, so the Son of Man will be three days and three nights in the heart of the earth." Jesus not only died, he also rose again, providing the way for us to be forgiven and to have a personal relationship with God. To be forgiven all we have to do is accept Christ. We accept Christ by telling God that we believe that Jesus was his Son who died for us and rose again and then asking Him to forgive all that we have done wrong. Last of all we give control of our life to God, honoring Him in all we do going forward. Mom or Dad, share about that moment when you accepted Christ and ask your children if they would like to accept Christ today.

End your time by having each family member share a prayer request and then pray for each other. It would be best if each family member prayed; you could simply pray for the family member on your right all the way around the table.